

# Course and Activity Guide

July - December 2022

Where people share, learn and connect

Explore our wide range of short courses, activities, events, MakerSpaces and social groups available at our Eltham, Diamond Creek and Panton Hill Neighbourhood Houses.



Neighbourhood Houses  
The heart of our community



[livinglearningnillumbik.vic.gov.au](http://livinglearningnillumbik.vic.gov.au)

LIVING & LEARNING  
NILLUMBİK



## Our short courses and activities vary in duration from one session to year-long activities, such as MakerSpaces and Book Clubs.

Many courses are term-long, some are continuing activities from one term to the next and some courses are offered on a choice of different days, times or venues. Start and end dates vary, so check our website for full and current details.



**Visit our website  
and book online**

Our easy to navigate website has detailed descriptions, dates, times and fees and you can enrol online at a time that's convenient to you.

**[livinglearningnillumbik.vic.gov.au](http://livinglearningnillumbik.vic.gov.au)**

You can also book in person or over the phone during office hours: **9433 3744**.

If you hold a concession card, many of our courses offer a concession price.

### **Enrol early!**

Enrolments for term-based courses and activities generally open 6 weeks prior to the start of a term. If we don't get enough enrolments for an activity we may need to cancel it. We will usually do this one week before the start date so book early to avoid disappointment.

## 2022 Term dates

**Term 3:** 11 July - 16 September.

**Enrolments open 14 June**

**Term 4:** 3 October - 20 December.

**Enrolments open on 5 September.**

Enrolment open dates are subject to change.

### **Can I book after a course has started?**

Depending on the activity, late enrolments may be possible.

Check the course description

or contact us **9433 3744** or

**[info.livinglearning@nillumbik.vic.gov.au](mailto:info.livinglearning@nillumbik.vic.gov.au)** to enquire.

### **Who can participate?**

We provide a positive, inclusive and supportive learning environment for everybody, no matter your age, gender, culture or ability. We offer courses and activities for adults, teenagers and children. And you don't have to be a resident of Nillumbik to attend.

### **Stay connected**

Head to our website to subscribe to our eNews and follow us on Facebook and Instagram for all the latest news, events and activities at our three Neighbourhood Houses.

**f** **LivingLearningNillumbik**

**@livinglearningnillumbik**

**Not online? We can print or email a list of all our courses and activities, including dates and fees. Just drop into one of our centres or give us a call.**

# Opportunities/Become involved

**Over 1.5 million Victorians volunteer their time, skills and experience in one way or another to make a huge contribution to our local communities. Those who volunteer are generally happier, healthier and live longer.**

Every week we have over 40 volunteers complete 150 hours of their time across our 3 centres to support our activities. We have a range of tasks and roles that are filled by volunteers, including Makerspace Coordinators, Tutors, Community Gardeners, Admin and General Support.

There are many ways you can become involved in our Neighbourhood Houses:

- Advisory Committee
- Tutors (community program) and trainers (accredited and pre-accredited program)
- Propose a workshop, course or activity
- Volunteer

## **Current volunteer positions available**

- Community Gardener
- Neighbourhood House Support
- Be Connected Digital Mentors
- Activity Coordinators
- Walking Group Coordinator

If you would like to get involved and have some time to give, please visit our website for further information

[www.livinglearningnillumbik.vic.gov.au/Get-involved](http://www.livinglearningnillumbik.vic.gov.au/Get-involved)



# Art, craft and clay



## Arts for health

Eltham

Monday, Women's group  
& Thursday, Men's group

Cost \$115 | 10 sessions

Increase mental health, well-being, confidence and social connection through art in these friendly supportive groups. No experience necessary.

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## Botanical illustration

Eltham

Thursday and Friday

Cost \$300 | 10 sessions

Learn the delicate art of illustrating fruits, flowers and plants. Beginners welcome. No experience necessary.

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## Craft for a cause

Panton Hill

Cost \$15 per session

A fun day of demonstrations, craft and show-and-tell. Bring your own project and have some uninterrupted 'you' time.

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## Exploring art styles and mediums

Eltham

Friday

Cost \$298 | 10 sessions

Diamond Creek

Wednesday evening or Thursday

Cost \$234 | 10 sessions

Discover your medium and your style - whether traditional or contemporary. No experience necessary.

## Hand building and jewelry making with clay

Eltham

Wednesday

Cost \$353 | 10 sessions

This course is designed for people wanting to learn about hand building. Getting creative with artistic pieces, practical usable pieces and/or wearable art.

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## Japanese ink art

Beginner and intermediate

Eltham

Saturday

Cost \$60 beginners | \$66 intermediate  
1 day workshop

Learn the art of traditional Japanese sumie ink painting and calligraphy on washi paper and learn something about Japanese culture along the way.

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## Leadlight and glass art

Eltham

Tuesday and Wednesday

Cost \$174 | 10 sessions

Discover the beautiful art of lead lighting and working with glass. But beware - it's addictive!





## Learn macrame

Diamond Creek

Saturday

Cost \$140 | 2 sessions

Create a wall hanging or pot plant holder to proudly hang in your home with the satisfaction of having made it with your own hands in a relaxed and friendly class.

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## Life drawing co-op

Eltham

Thursday

Cost \$255 | 10 sessions

Join this relaxed, friendly group of artists for regular sessions working with a life model.

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## Mosaics introduction

Panton Hill

Saturday

Cost \$101 | 2 sessions

Learn basic skills, create your first mosaic item and catch the 'mosaic bug' from our experienced tutors.

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## Pottery for beginners and beyond

Eltham

Tuesday or Wednesday

Cost \$245 | 10 sessions

Explore basic throwing, hand-building, glazing and decorating skills in our well-equipped clay studio.

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## Unleash your creative potential

Panton Hill

Cost \$45 | 2 hour workshop

Calling all creatives! Learn to identify pitfalls and develop strategies for overcoming comparison, fear of failure, rejection and creative slumps. Gain the tools to thrive on your creative journey.

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## Watercolour for beginners

Panton Hill

Mondays

Cost \$248 | 10 sessions

Learn watercolour techniques, colour theory and drawing skills.

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## Watercolour for intermediates

Panton Hill

Mondays

Cost \$248 | 10 sessions

Build upon your prior experience in watercolour techniques, colour theory and drawing skills.

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## Watercolour painting – perspective, proportion and placement

Eltham

Saturday

Cost \$153 | 3 sessions

Discover different aspects of this beautiful medium and improve your technique.

# Music, performance and photography

## Unleash your creative potential

Panton Hill

**Cost \$45 | 2 hour workshop**

Calling all creatives! Learn to identify pitfalls and develop strategies for overcoming comparison, fear of failure, rejection and creative slumps. Gain the tools to thrive on your creative journey.

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## Drama for seniors

Diamond Creek and Eltham

Friday and Wednesday

**Cost \$110 | 10 Sessions**

Re-discover your confidence in this fun and friendly class.

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## Digital photography

Intermediate

Eltham

Tuesday

**Cost \$103 | 4 sessions**

Take your camera to the next level and add more techniques to make stunning images.

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## Discovering dance

Eltham North Town Hall

Thursday

**Cost \$61 | 8 sessions**

Explore different dance styles/techniques.

## Digital photography – intro

Eltham / Diamond Creek

Tuesday

**Cost \$185 | 6 sessions**

Get to know your camera and the basics of great image making.

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## Harp Co-Op

Diamond Creek

Thursday

**Cost \$77 | Once a month**

Practice harp skills with other enthusiasts.

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## Learn guitar – developing

Diamond Creek

Wednesday

**Cost \$107 | 6 sessions**

Expand on the fundamentals of guitar.

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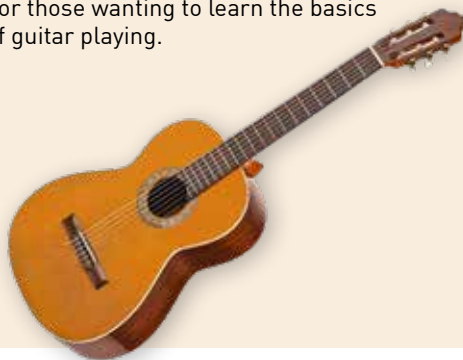
## Learn guitar – introduction

Diamond Creek

Wednesday

**Cost \$160 | 6 sessions**

For those wanting to learn the basics of guitar playing.





# Children and teens

## Art for kids

Eltham

Tuesday and Thursday

Cost \$165 | 8 sessions

For children who enjoy art, are curious and imaginative, and who want to develop techniques and skills.

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## Art for teenagers

Eltham

Tuesday

Cost \$168 | 8 sessions

A friendly and supportive class with peers who share an interest in art and who want to develop their skills or projects in the medium and style of their choice.

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## Bike Maintenance for Teens

Eltham

Cost: from \$75\* | 1 day

Learn the basics of bike maintenance, from recognising all the parts of your bike, servicing your bike and trouble shooting problems.

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## School holiday activities

Eltham / Diamond Creek / Panton Hill

Drama, art, clay, LEGO and other holiday activities for kids.

For more information visit [livinglearningnillumbik.vic.gov.au/SchoolHoliday](http://livinglearningnillumbik.vic.gov.au/SchoolHoliday)



# Books and writing

## Unleash your creative potential

Panton Hill

Cost \$45 | 2 hour workshop

Calling all creatives! Learn to identify pitfalls and develop strategies for overcoming comparison, fear of failure, rejection and creative slumps. Gain the tools to thrive on your creative journey.

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## Creative writing – beginners

Diamond Creek

Tuesday

Cost \$225 | 8 sessions

Develop skills and routines to help you perfect the craft of writing.

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## Second Wednesday book club

Eltham

Wednesday

Cost \$68 annual | monthly sessions

Discuss great books with great people.

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## Story writing

Diamond Creek

Thursday evening

Cost \$195 | 8 sessions

Find your creative voice, improve your language skills and craft meaningful stories.

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## Writing for work and life

Diamond Creek

Thursday

Cost \$170 | 6 sessions

Develop your workplace writing skills and learn to write with impact.

# Home and gardening

## Beeswax wraps

Panton Hill

**COMING SOON!**

Call us on 9433 3744 to express your interest!

Learn the skills to create your own beautiful beeswax wraps, which will change the way you store food.

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## Community garden group

Panton Hill

Monday

Eltham

Wednesday

**Cost FREE | Weekly**

Share gardening skills, meet new people and grow fresh food to share.

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## Galloping gardeners

Diamond Creek

Thursday

**Cost \$15 | 8 sessions**

Tour a local garden with like-minded group members and share tips, knowledge, and possibly even cuttings.

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## Introduction to Permaculture

Edendale

Thursday

**Cost: from \$30\***

This practical, hands-on course will give you an understanding of what permaculture is and how it can be applied in both a home garden setting.

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## Urban Food Gardening

Edendale

Thursday

**Cost: from \$30\***

This popular 8-week course will introduce you to a range of topics in sustainable and organic food gardening.

# Cooking

## Chilean cooking

Panton Hill

**COMING SOON!**

Call us on 9433 3744 to express your interest!

Learn and enjoy recipes from other countries in South America that are wholesome, easy and fun to do.

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## Kombucha and Kefir

Panton Hill

**COMING SOON!**

Call us on 9433 3744 to express your interest!

Learn to make your own delicious homemade fermented drinks. In this workshop you'll make your own Kombucha and Kefir and go home with the confidence and tools to continue making your own.

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## Punjabi cooking

Hurstbridge

Wednesday

**Cost \$160 | 2 sessions**

Learn how to cook a healthy, North West Indian, vegetarian meal from scratch using authentic ingredients.

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## Sourdough bread making

Panton Hill

Saturday

**Cost \$61 | 1 workshop**

Learn to create delicious sourdough bread in your own kitchen.



# Health, wellbeing and social



## Arts for health

Eltham

Monday, Women's group & Thursday,  
Men's group

**Cost \$115 | 10 sessions**

Increase mental health, well-being, confidence and social connection through art in these friendly supportive groups. No experience necessary.

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## Cuppa and games

Diamond Creek

Thursday afternoons

**Cost FREE | Weekly**

Drop in for a cuppa and chat and join a card or board game if you feel like it. All welcome.

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## Discovering dance

Eltham North Town Hall

Thursday

**Cost \$61 | 8 sessions**

Explore different dance styles/techniques.

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## Fitness on the hill

Panton Hill

Thursday

**Cost FREE | Weekly**

Safe, fun and a great low impact group class. Great for all fitness levels including beginners.

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## Qi Gong

Panton Hill

Tuesday

**Cost \$62 | 10 sessions**

Release energy blockages and restore balance.

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## Red Hat Sparklers

Panton Hill

Thursday monthly

**Cost \$12 annual membership**

This all female group visits a new and interesting place and enjoys lunch together too.

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## Tai Chi

Diamond Creek

Wednesday

**Cost \$171 | 10 sessions**

Improve balance, coordination, strength and flexibility. Beginners welcome.

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## Walking groups

Diamond Creek

Monday to Friday

**Cost \$45 annual membership**

A great opportunity to get out and about and stay fit.

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## Yin Yoga

Panton Hill

Tuesday evenings

**Cost \$143 | 8 sessions**

A restorative session of slow yoga movement improves prana energy flow, and relief from aches in the body. Yin includes meditation, mindfulness, and a more passive physical side of the practice of Yoga.

# Languages



Whether you are travelling or want to learn a new language, you will discover something about the culture as well as vocabulary in these structured, fun and friendly classes.

## Italian – Level 1

Diamond Creek

Tuesday

**Cost \$160 | 8 Sessions**

Learn from scratch in this structured, social and fun environment.

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## Italian – Level 2

Diamond Creek

Tuesday

**Cost \$160 | 8 Sessions**

Continue to expand your grammar and spelling in a relaxed environment.

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## Italian – Level 3

Diamond Creek

Monday

**Cost \$160 | 8 Sessions**

Continue to expand your vocab, grammar and spelling in a relaxed environment.

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## Italian – Amici

Diamond Creek

Monday

**Cost \$160 | 8 Sessions**

Continue to laugh and learn in this structured conversational class.

# Carers Hub



Our Carers Hub offers a range of free activities and programs aimed to improve the health and wellbeing of carers in Nillumbik and surrounding areas.

We also offer support to carers who would like to study or consider employment options. We can offer respite options, entry to our courses, 1:1 coaching to find your area of interest, career mentoring, job readiness sessions such as resume writing, confidence building workshops and more.

### Programs include:

- **Social connection:**  
Regular get-togethers for local carers to connect.
- **Health and wellbeing:**  
Including art, clay, music, yoga and one off workshops.
- **Job readiness:**  
Subsidised activities including career mentoring and resume writing.
- **Training and employment support:**  
Training support to transition into employment or support flexible employment opportunities.
- **Micro businesses and social enterprises:**  
Support to establish small businesses.

**If you provide unpaid care and support to a child, family member, friend or neighbour and would like to find out more about what support is available for you.**

# Technology



## Computer skills update

Diamond Creek

Thursday

Cost \$77 | 2 Sessions

Refresh and expand your skills with Word, Excel and Powerpoint.

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## How to Use your Smart Device Smarter

Diamond Creek

Tuesday

Cost: from \$20\* | 10 Sessions

The program supports learners to gain digital skills through practical and applied learning activities.

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## One to one computer tutoring

Diamond Creek

Cost \$60 per hour

Personalised tutoring to suit your needs.

## Be Connected – Free to over 50s

Learn how to go online with your phone, laptop or tablet.

Living & Learning Nillumbik provides FREE one-on-one digital tutoring at Diamond Creek, Panton Hill, Eltham, Hurstbridge and St Andrews.

To participate or volunteer, call 03 9433 3744 or email info. [livinglearning@nillumbik.vic.gov.au](mailto:livinglearning@nillumbik.vic.gov.au)



Australian Government

**Be Connected**

Every Australian online.



# MakerSpaces

Creative, social spaces where makers share skills, ideas, inspiration, friendship and the joy of making.

Do you  
have a great  
idea for a  
MakerSpace?

**LET US  
KNOW!**

## Diamond Creek centre

### **Sew Social**

Thursday evenings, fortnightly

A creative, social group who get together to share skills, sew and make.

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### **Yarn and Needle**

Tuesday afternoons

Yarn while you work with yarn! Knitting, crochet or any other needle projects.

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## Eltham centre

### **Clay**

Tuesday and Thursday

Join other potters in our well-equipped clay studio.

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### **Leadlight and Glass Art**

Wednesday or Friday

Share skills and ideas while working independently in our well-equipped studio.

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### **Paper Crafts**

Wednesday

An opportunity to share and learn in the company of others who love working with paper.

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### **Studio Arts**

Tuesday

Share the studio in the company of others while working on your art projects.

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### **Sewing and Repurposing**

Friday

Join this fun and environmentally friendly Makerspace as you repurpose fabric items into new things.

## Panton Hill centre

### **Art**

Monday

Draw, paint, pastel and be inspired and motivated by others in the group.

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### **Crafty Cats**

Wednesday

Knit, sew, crochet, patchwork: this group is for yarn and fabric crafters.

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### **Just Xmas**

Thursday monthly

Create and craft gifts and decoration for Christmas – all year round elves!

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### **Mosaics**

Friday

Design and develop practical and decorative mosaic creations in a social environment.

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### **Needle Natter**

Tuesday

Natter while you knit, stitch, crochet, cross stitch, embroider and more.

## Contact us to register for a free come and try session!

MakerSpaces are more affordable because they are coordinated by volunteers and the operating costs are covered by a larger membership base. For some MakerSpaces with limited room space this means that you are not guaranteed a spot in every session.

MakerSpaces are flexible and affordable and generally run the whole year without break, except for public holidays. Join for a low annual membership fee and come when it suits you, as often as you like.



# Short Courses

Improve your job prospects and skills through Living & Learning's flexible and affordable Learn Local endorsed training, programs and projects today.





## Barista basics

Eltham

**Cost: from \$86\* | 1 day**

This course will offer the full range of front of house aspects to working in a café/small restaurant environment with specific focus on barista training and customer service.

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## Bike Maintenance for Teens

Eltham

**Cost: from \$75\* | 1 day**

Learn the basics of bike maintenance, from recognising all the parts of your bike, servicing your bike and trouble shooting problems.

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## Daily Grind

Eltham

**Cost: from \$20\* | 10 sessions**

A program to help young people aged 16-24 upskill and find employment in the hospitality industry.

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## How to Use your Smart Device Smarter

Diamond Creek

**Cost: from \$20\* | 10 sessions**

The program supports learners to gain digital skills through practical and applied learning activities.

## Introduction to Permaculture

Edendale

**Cost: from \$30\* | 4 sessions**

This practical, hands-on course will give you an understanding of what permaculture is and how it can be applied in both a home garden setting.

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## Tools of the Trade for Women

St Andrews

**Cost: from \$20\* | 8 sessions**

This course is aimed at women who would like to learn how to complete basic maintenance and DIY tasks in the home delivered in a safe and welcoming environment.

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## Urban Food Gardening

Eltham

**Cost: from \$30\* | 8 sessions**

This popular course will introduce you to a range of topics in sustainable and organic food gardening.

\* Fully funded places available.  
For more information refer to the fees section of the course information on our website or contact us.

# Key dates

## July 2022

3 NAIDOC Week

11 Term 3 starts

## August 2022

22 National Skills Week

## September 2022

1 Adult Learners Week

5 Enrolments open for Term 4

16 Last day of Term 3

23 Grand Final Public Holiday

## October 2022

3 Term 4 starts

3 Seniors Week

31 Office Closed

## November 2022

1 Melbourne Cup Public Holiday

## December 2022

5 Enrolments open for Term 1

9 diversARTy exhibition opens

14 Last day of Term 4

15 L&LN office closes at 1pm for end of year break

## January 2023

10 L&LN Eltham office reopens

23 L&LN Diamond Creek and Panton Hill office reopens

19 diversARTy award winners announced

30 Term 1 starts



### Diamond Creek Neighbourhood House

119 Cowin Street

Reception open\*

Monday 9am – 12pm  
Tuesday 9am – 3pm  
Wednesday 9am – 3pm  
Thursday 9am – 3pm



### Eltham Neighbourhood House

739 Main Road

Reception open\*

Monday 9am – 12pm  
Tuesday 9am – 3pm  
Friday



### Panton Hill Neighbourhood House

18 Bishops Road

Reception open\*

Monday 9am – 12pm  
Tuesday 9am – 3pm  
Wednesday 9am – 3pm

\* Our centres are closed on public holidays  
Hours may vary during school holidays.

Customer support is available Monday to Friday  
9am to 4pm remotely via **9433 3744** or  
**info.livinglearning@nillumbik.vic.gov.au**



**livinglearningnillumbik.vic.gov.au**

**9433 3744 | info.livinglearning@nillumbik.vic.gov.au**



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Learning  
Australia



Please don't litter /  
share with a friend

Living & Learning Nillumbik acknowledges the support of Nillumbik Shire Council and the Victorian Government Neighbourhood House Coordination Program in providing these services. Vocational training is delivered with Victorian and Commonwealth Government funding under the Victorian Training Guarantee. Nillumbik Shire Council trading as Living & Learning Nillumbik ABN 64 487 894 794 Registered Training Organisation No. 3989.

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