Course and Activity Guide

January – June 2022

Where people share, learn and connect

Explore our wide range of short courses, qualification courses, activities, events, MakerSpaces and social groups available at our Eltham, Diamond Creek and Panton Hill sites.

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LIVING & LEARNING NILLUMBIK



Our short courses and activities vary in duration from one session to year-long activities, such as MakerSpaces and Book Clubs.

Many courses are term-long, some are continuing activities from one term to the next and some courses are offered on a choice of different days, times or venues. Start and end dates vary, so check our website for full and current details.

Visit our website and book online

Our easy to navigate website has detailed descriptions, dates, times and fees and you can enrol online at a time that's convenient to you. livinglearningnillumbik.vic.gov.au You can also book in person or over the phone during office hours: 9433 3744. If you hold a concession card, many of our courses offer a concession price.



Enrol early!

Enrolments for term-based courses and activities generally open 6 weeks prior to the start of a term. If we don't get enough enrolments for an activity we may need to cancel it. We will usually do this one week before the start date so book early to avoid disappointment.

2022 Term dates

Term 1: 28 January - 8 April. Enrolments open Monday 6 December

Term 2: 26 April - 24 June

Enrolments open on Monday 28 March.

Enrolment open dates are subject to change.

Can I book after a course has started?

Depending on the activity, late enrolments may be possible. Check the course description or contact us 9433 3744 or info.livinglearning@nillumbik.vic.gov.au to enquire.

Who can participate?

We provide a positive, inclusive and supportive learning environment for everybody, no matter your age, gender, culture or ability. We offer courses and activities for adults, teenagers and children. And you don't have to be a resident of Nillumbik to attend.

Stay connected

Subscribe to our eNews and follow us on Facebook and Instagram for all the latest news, events and activities at our three centres.

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Not online? We can print or email a list of all our courses and activities, including dates and fees. Just drop into one of our centres or give us a call.

Opportunities/Become involved

Over 1.5 million Victorians volunteer their time, skills and experience in one way or another make a huge contribution to our local communities. Those who volunteer are generally happier, healthier and live longer.

Every week we have over 40 volunteers complete 150 hours of their time across our 3 centres to support our activities. We have a range of tasks and roles that are filled by volunteers, including Makerspace Coordinators, Tutors, Community Gardeners, Admin and General Support.

There are many ways you can become involved in our Neighbourhood Houses:

- Advisory Committee
- tutors (community program) and trainers (accredited and pre-accredited program)
- propose a workshop, course or activity
- volunteer

Current volunteer positions available

- Community Gardener
- Neighbourhood House Support
- · Be Connected Digital Mentors
- Activity Coordinators
- Walking Group Coordinator

If you would like to get involved and have some time to give please visit our website for further information www.livinglearningnillumbik.vic.gov.au/Get-involved



Art, craft and clay

Arts for health

Eltham

Monday, Women's group & Thursday, Men's group

Cost \$115 | 10 sessions Increase mental health, well-being,

art in these friendly supportive groups. No experience necessary.

Botanical illustration

Fltham

Thursday

Cost \$300 | 10 sessions

Learn the delicate art of illustrating fruits, flowers and plants. Beginners welcome. No experience necessary.

confidence and social connection through

Creativity unleashed

Panton Hill

Cost \$45 | 2 hour workshop

You'll discover where to find inspiration and explore practical ways to enhance and harness your creative energy, while mapping your goals and plans for success.

Sewing for beginners

Panton Hill

Cost \$160 | 3 sessions

Everything you need to learn to sew! Starting with getting to know your machine, through to learning variety of skills and knowledge. On completion you will have your very own, self made tote bag.

Exploring art styles and mediums

Eltham

Friday

Cost \$348/\$298 | 10/9 sessions

Diamond Creek-NEW!

Wednesday evening or Thursday

Cost \$210 | 9 sessions

Discover your medium and your style whether traditional or contemporary. No experience necessary.

Japanese ink art

Beginner and intermediate Eltham

Saturday

Cost \$55 | 1 day workshop

Learn the art of traditional Japanese sumie ink painting and calligraphy on washi paper and learn something about Japanese culture along the way.

Leadlight and glass art

Eltham

Tuesday and Wednesday

Cost \$174 | 10 sessions

Discover the beautiful art of lead lighting and working with glass. But beware – it's addictive!



Life drawing co-op

Eltham

Thursday

Cost \$255 | 10 sessions

Join this relaxed, friendly group of artists for regular sessions working with a life model.

Learn macrame

Diamond Creek

Saturday

Cost \$140 | 2 sessions

Create a wall hanging or pot plant holder to proudly hang in your home with the satisfaction of having made it with your own hands in a relaxed and friendly class.

Mosaics introduction

Panton Hill

Saturday

Cost \$101 | 2 sessions

Learn basic skills, create your first mosaic item and catch the 'mosaic bug' from our experienced tutors.

Craft for a cause

Panton Hill

Cost \$15 per session

A fun day of demonstrations, craft and show-and-tell. Bring your own project and have some uninterrupted 'you' time.

Pottery for beginners and beyond

Eltham

Tuesday or Wednesday

Cost \$255 | 10 sessions

Explore basic throwing, hand-building, glazing and decorating skills in our well-equipped clay studio.

Watercolour painting -Perspective, Proportion and Placement

Fltham

Saturday

Cost \$143 | 3 sessions

Discover different aspects of this beautiful medium and improve your technique.

Watercolour for beginners

Panton Hill

Mondays

Cost \$220 | 8 sessions

Learn watercolour techniques, colour theory and drawing skills in this 8 week course.



Dance, music and performing arts

Creativity unleashed

Panton Hill

Cost \$45 | 2 hour workshop

You'll discover where to find inspiration and explore practical ways to enhance and harness your creative energy, while mapping your goals and plans for success.

Discovering dance

Eltham North Town Hall

Thursday

Cost \$76 | 10 sessions

Explore different dance styles/ techniques.

Harp Co-Op

Diamond Creek

Thursday

Cost \$77 | Once a month

Practice harp skills with other enthusiasts.

Drama for seniors

Diamond Creek

Friday

Cost \$110 | 10 Sessions

Re-discover your confidence in this fun and friendly class.

Learn guitar - introduction

Diamond Creek

Wednesday

Cost \$160 | 6 sessions

For those wanting to learn the basics of guitar playing.

Learn guitar - developing

Diamond Creek

Wednesday

Cost \$107 | 6 sessions

Expand on the fundamentals of guitar.





Art for kids

Eltham

Tuesday and Thursday

Cost \$174 | 10 sessions

Diamond Creek

Wednesday
Cost \$100 | 5 sessions

For children who enjoy art, are curious and imaginative, and who want to develop techniques and skills.

Art for teenagers

Eltham

Tuesday and Thursday

Cost \$189 | 10 sessions

A friendly and supportive class with peers who share an interest in art and who want to develop their skills or projects in the medium and style of their choice.

School holiday activities

Eltham / Diamond Creek / Panton Hill

Drama, art, clay and other holiday activities for kids.

See our website for details in the lead up to the holidays.





Creative writing - Beginners

Diamond Creek

Tuesday

Cost \$225 | 8 sessions

Develop skills and routines to help you perfect the craft of writing.

Creativity unleashed

Panton Hill

Cost \$45 | 2 hour workshop

Find inspiration, explore practical ways to enhance and harness your creative energy, while mapping your goals and plans for success.

Second Wednesday book club

Fltham

Wednesday

Cost \$68 annual | monthly sessions Discuss great books with great people

Story writing

Diamond Creek

Thursday

Cost \$195 | 8 sessions

Find your creative voice, improve your language skills and craft meaningful stories.

Writing for work and life

Diamond Creek

Thursday

Cost \$170 | 6 sessions

Develop your workplace writing skills and learn to write with impact.



Building and renovating seminar

Eltham

Saturday

Cost \$85 | 1 workshop

Expert advice and step by step guide to successfully navigating your way through the building and renovation process.

Galloping gardeners

Diamond Creek

Thursday

Cost \$15 | 8 sessions

Tour a local garden with likeminded group members and share tips, knowledge, and possibly even cuttings.

Community garden group

Panton Hill and Eltham

Cost FREE | Weekly

Share gardening skills, meet new people and grow fresh food to share.

Punjabi cooking

Hurstbridge

Wednesday

Cost \$160 | 2 sessions

Learn how to cook a healthy, North West Indian, vegetarian meal from scratch using authentic ingredients.

Health, wellbeing and social

Arts for health

Eltham

Monday, Women's group & Thursday, Men's group

Cost \$115 | 10 sessions

Increase mental health, well-being, confidence and social connection through art in these friendly supportive groups. No experience necessary.

Creativity unleashed

Panton Hill

Cost \$45 | 2 hour workshop

You'll discover where to find inspiration and explore practical ways to enhance and harness your creative energy, while mapping your goals and plans for success.

Discovering dance

Eltham North Town Hall

Thursday

Cost \$76 | 10 sessions

Explore different dance styles/techniques.

Red Hat Sparklers

Panton Hill

Thursday monthly

Cost \$12 annual membership

This all female group visits a new and interesting place and enjoys lunch together too. One thing is guaranteed - you will have fun!

Qi Gong

Panton Hill

Tuesday

Cost \$62 | 10 sessions

Release energy blockages and restore balance.

Tai Chi

Diamond Creek

Wednesday

Cost \$171 | 10 sessions

Improve balance, coordination, strength and flexibility.
Beginners welcome.

Walking group

Diamond Creek

Monday, Tuesday and Thursday Cost \$45 annual membership

Also looking for founding members for a new social walking group.
A great opportunity to get out and about and stay fit.

Cuppa and games

Diamond Creek

Thursday afternoons

Cost FREE | Weekly

Drop in for a cuppa and chat and join a card or board game if you feel like it.

Photography

Practical, hands-on courses and workshops covering the most important aspects of your own camera to get you taking images that you will be proud of.

Digital photography - intro

Diamond Creek

Tuesday

Cost \$185 | 6 sessions

Get to know your camera and the basics of great image making.

Digital photography

Intermediate

Eltham

Tuesday

Cost \$103 | 4 sessions

Take your camera to the next level and add more techniques to make stunning images.



Languages



Whether you are travelling or want to learn a new language, you will discover something about the culture as well as vocabulary in these structured, fun and friendly classes

Italian - Level 1

Diamond Creek

Tuesday

Cost \$160 | 8 Sessions

Learn from scratch in this structured, social and fun environment.

Italian - Level 2

Diamond Creek

Tuesday

Cost \$160 | 8 Sessions

Continue to expand your grammar and spelling in a relaxed environment.

Italian - Level 3

Diamond Creek

Monday

Cost \$160 | 11 Sessions

Continue to expand your vocab, grammar and spelling in a relaxed environment.

Italian - Amici

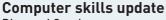
Diamond Creek

Monday

Cost \$160 | 8 Sessions

Continue to laugh and learn in this structured conversational class.

Technology



Diamond Creek

Thursday

Cost \$77 | 2 Sessions

Refresh and expand your skills with Word, Excel and Powerpoint.



Be Connected - Free to over 50s

Learn how to go online with your phone, laptop or tablet.

Launch your adventure into the world of phones, computers, websites, emails and new friends.

Whether you're looking for help in navigating the online world or already know your way around and would like to help others, the Be Connected program has the resources and people to guide you on your journey.

Living & Learning Nillumbik provides FREE one-on-one digital tutoring at Diamond Creek, Panton Hill, Eltham, Hurstbridge and St Andrews.



Technology and the internet can feel foreign and daunting. Our friendly and supportive tutors can help you learn the basics of using digital devices and engaging with the internet, including:

- how to use your device or laptop
- communicating with family and friends who live far away
- finding new friends who share interests and hobbies
- accessing online services

To participate or volunteer, call 03 9433 3744 or email info. livinglearning@nillumbik.vic.gov.au





MakerSpaces are flexible and affordable and generally run the whole year without break, except for public holidays. Join for a low annual membership fee and come when it suits you, as often as you like.

Diamond Creek centre Sew Social

Thursday evenings, fortnightly

A creative, social group who get together to share skills, sew and make. Beginners welcome.

Yarn and Needle

Tuesday afternoons

Yarn while you work with yarn! Knitting, crochet or any other needle projects, beginners most welcome.



Eltham centre

Clay

Tuesday and Thursday

Join other potters in our well-equipped clay studio.

Leadlight and Glass Art

Wednesday or Friday

Share skills and ideas while working independently in our well-equipped studio.

Paper Crafts

Wednesday

An opportunity to share and learn in the company of others who love working with paper.

Studio Arts

Tuesday

Share the studio in the company of others while working on your art projects.

Sewing and Repurposing

Monday

Join this fun and environmentallyfriendly Makerspace as you repurpose fabric items into new things. Creative, social spaces where makers share skills, ideas, inspiration, friendship and the joy of making.

Panton Hill centre

Art

Monday

Draw, paint, pastel and be inspired and motivated by others in the group.

Crafty Cats

Wednesday

Knit, sew, crochet, patchwork: this group is for yarn and fabric crafters.

Just Xmas

Thursday monthly

Create and craft gifts and decoration for Christmas – all year round elves!

Mosaics

Friday

Design and develop practical and decorative mosaic creations in a social environment.

Needle Natter

Tuesday

Natter while you knit, stitch, crochet, cross stitch, embroider and more.

Contact us to register for a FREE come and try session!

MakerSpaces are more affordable because they are coordinated by volunteers and the operating costs are covered by a larger membership base.

For some MakerSpaces with limited room space this means that you are not guaranteed a spot in every session.

Do you have a great idea for a MakerSpace?

Carers Hub @ Living & Learning Nillumbik

The Carers Hub offers support programs and workshops for unpaid carers across a range of topics including health andwellbeing, job readiness andtraining and employment.

Programs are aimed at carers in Nillumbik and surrounding areas and are delivered online as well as from our four Living & Learning centres across Eltham, Diamond Creek and Panton Hill.

If you provide unpaid care and support to a child, family member, friend or neighbour and would like to find out more about what support is available for you, please contact us 9433 3744

Programs inlcude:

- Social connection:
 Regular get-togethers for local carers to connect
- Health and wellbeing: including art, clay, music, yoga and oneoff workshops
- Job readiness:
 Subsidised activities including career mentoring and resumewriting
- Training and employment support:

Training support to transition into employment or support flexible employment opportunities

 Micro businesses and social enterprises:
 Support to establish small businesses

For more information please visit our website www.livinglearningnillumbik. vic.gov.au or call us on 9433 3744



Improve your job prospects and skills through Living & Learning's flexible and affordable Learn Local endorsed training, programs and projects today.

As a Learn Local provider Living & Learning Nillumbik deliver ACFE Board funded pre-accredited training and other programs in a variety of learning topics.

Our Learn Local courses for 2022 include a range of exciting new pre-accredited courses including Urban Food Gardening, Tools of the Trade for Women, Introduction to Horticulture, Daily Grind hospitality course for youth aged 18-24, Barista Basics 1-day course, Digital Essentials 1 and 2 online courses to help you:

- land your first job
- finish school
- get back to work after long-term unemployment
- change your career
- get into further training or university
- develop social skills and increase confidence

Enrolments now open for the May intake for:

Urban Food Gardening

This popular 8-week course will introduce you to a range of topics in sustainable and organic food gardening.

Tools of the Trade for Women

This course is aimed at women who would like to learn how to complete basic maintenance and DIY tasks in the home delivered in a safe and welcoming environment.

Digital Essentials 1

The program supports learners to gain digital skills through practical and applied learning activities.

For more information please visit our website www.livinglearningnillumbik. vic.gov.au or call us on 9433 3744

Key dates

| December 2021 | |
|---------------|--|
| 6 | Enrolments open for Term 1 |
| 16 | L&LN office close at 1pm for end of year break |
| January 2022 | |
| 11 | L&LN office reopens |
| 28 | Term 1 starts |
| March 2022 | |
| 28 | Enrolments open for Term 2 |

| April 2022 | |
|------------|----------------------------|
| 8 | Last day of Term 1 |
| 26 | Term 2 starts |
| May 2022 | |
| 9 | Neighbourhood House Week |
| 16 | National Volunteer Week |
| June 2022 | |
| 13 | Enrolments open for Term 3 |
| 24 | Last day of Term 2 |



Diamond Creek

119 Cowin Street

Reception open*

Monday 9am-12pm Wednesday 9am-3pm Thursday 9am-3pm



Eltham

739 Main Road

Reception open*

Mon 9am-12pm Tuesday-Friday 9am-3pm



Panton Hill

18 Bishops Road

Reception open*

Monday 9am-12pm Tuesday 9am – 3pm

Customer support is available Monday to Friday 9am to 5pm remotely via **9433 3744** or **info.livinglearning@nillumbik.vic.gov.au**



livinglearningnillumbik.vic.gov.au

9433 3744 | info.livinglearning@nillumbik.vic.gov.au

Living & Learning Nillumbik acknowledges the support of Nillumbik Shire Council and the Victorian Government Neighbourhood House Coordination Program in providing these services. Vocational training is delivered with Victorian and Commonwealth Government funding under the Victorian Training Guarantee. Nillumbik Shire Council trading as Living & Learning Nillumbik ABN 64 487 894 794 Registered Training Organisation No. 3989.

Living & Learning Nillumbik reserves the right to change information contained in this publication. All information was correct at the time of printing. Printed on 100% recycled paper by Nadrasca Ltd, social trader employing over 115 people with a disability.



LIVING & LEARNING NILLUMBIK IS A MEMBER OF







^{*} Our centres are closed on public holidays